

PIERCE, CELTICS MAY HAVE TO GET CREATIVE IN GAME 2

IS FOCUSING SO MUCH ON NEW YORK'S CARMELO ANTHONY A LOST CAUSE? PAGE 18



metro®

BOSTON Tuesday, April 23, 2013 www.metro.us | t: MetroBOS | f: MetroBoston

Getting his streets back

PAGE 02



Mayor Thomas Menino receives the U.S. flag that was flown over the finish line of the Boston Marathon on Boylston Street. Federal authorities officially handed the crime scene back to the city yesterday. / CHITOSE SUZUKI, POOL

Feds: Use of WMD charge for Tsarnaev

Marathon bombings. The man known as Suspect Two faced charges at his hospital bedside yesterday. **Chilling details.** Documents reveal that the infamous white hat and dark jacket seen in last week's blast footage were found in his dorm room.

PAGE 02

An easy (and hip) way to help bombing victims

PAGE 10



Don't miss the (river) boat for this vacation

PAGE 12



1

NEWS



In the news

9

One week after the Boston Marathon bombings, nine people were still being treated at Massachusetts General Hospital, the facility said yesterday. All of the patients were in good or fair condition, except for one who was in serious condition. Six hospitals reported Monday that 48 people were still hospitalized after the blasts.

Today's tweet

"The bus I got on said 'We Are One Boston' I love my city."

-We do, too, @MackDaddy_De.



Law enforcement officers stand guard outside Beth Israel Deaconess Medical Center, where marathon bombing suspect Dzhokhar A. Tsarnaev is being held.

NICOLAUS CZARNECKI, METRO

Alleged bomber faces judge, WMD charges

Marathon bombings.

Dzhokhar Tsarnaev allegedly had BBs, pyrotechnic in dorm.

The now infamous white hat and black jacket Dzhokhar Tsarnaev was wearing when he allegedly left a bomb on Boylston Street during the Boston Marathon was found in his UMass Dartmouth dorm room.

The evidence recovered by federal agents was detailed in a 10-page criminal complaint that was unsealed yesterday.



Tsarnaev

Tsarnaev faced a federal magistrate judge yesterday from his bed at Beth Israel Deaconess Medical Center. He is so far charged with use of a weapon of mass destruction and malicious destruction of property resulting in death.

According to the court clerk notes, the 19-year-old alleged bomber declined to answer bail questions during the appearance.

While the court documents said that Tsarnaev suffered gunshot wounds to his head, neck, legs and hand after an early Friday shoot-out in Watertown, court officials were "satisfied

that the defendant is alert and able to respond to the charges."

Federal public defenders assigned to defend Tsarnaev did not respond to a request for comment by press time.

The complaint came one week after the bombing that killed three people and injured nearly 180 others standing near the finish line of the Boston Marathon.

Also found in his dorm room were BBs, like the ones used in the bombs, the complaint said.



MICHAEL NAUGHTON
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Crime scene. Boylston Street closer to opening

Boylston Street and Copley Square will never be the same after last week's marathon bombings, but the busy Back Bay areas moved closer to returning to life yesterday when the FBI turned over the crime scene to the city.

During the symbolic ceremony on Boylston Street, FBI

officials handed Mayor Thomas Menino an American flag that flew at half-staff near the finish line.

Six blocks of the neighborhood had been closed while the crime scene was processed. The city now moves forward with a five-phase plan to reopen the area. **METRO**

One Fund

Marathon fund nets big donor, gets text help

Boston-based New Balance said Monday that it donated \$1 million to One Fund Boston, the fund set up by Mayor Thomas Menino and Gov. Deval Patrick to support the marathon bombing victims.

Also, customers of AT&T can text BOSTON to 80108 to give \$10 to the fund.

The donation will be charged to the customer's monthly bill. **METRO**

Speeding suspect

State trooper had pulled over bombing suspect

The older brother suspected in the deadly Boston Marathon bombings had a run in with authorities and the court system in 2008.

Tamerlan Tsarnaev, 26, was pulled over by state police for speeding on Interstate 93 north in Dorchester in March 2008, according to the Suffolk district attorney's office.

The minor run-in resulted in a \$100 fine for speeding and a license-plate violation that was eventually dismissed with a payment of \$100 in court fees. **METRO**

Slain officer

Slain MIT officer to be honored at campus service

Law enforcement officers from around the country are expected to attend a memorial service Wednesday to honor MIT Officer Sean Collier.

The 26-year-old was gunned down Thursday night allegedly by Dzhokhar Tsarnaev and Tamerlan Tsarnaev, the accused marathon bombers.

Collier, 26, was shot while responding to a disturbance near campus.

The service will be held on Briggs Field.

Vice President Joe Biden is scheduled to attend. **METRO**

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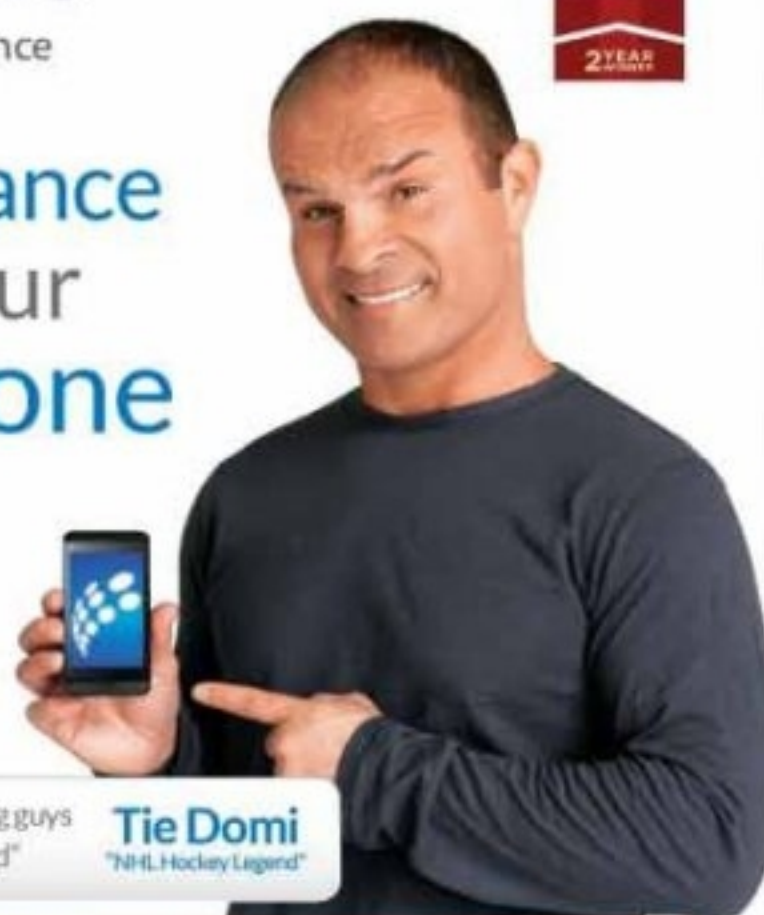


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Tuesday, April 23, 2013

BOSTON

4



Thousands gathered for a moment of silence on Boylston Street yesterday. / PHOTO BY NICOLAUS CZARNECKI, METRO

Boston residents host moment of silence for tragedy

Remembrance.

Thousands turned out
near the site of the
twin bombings.

Thousands gathered for a moment of silence on Boylston Street near the site of the Boston Marathon bombings yesterday to mark the one-week anniversary.

"It's a big healing process that's gone on for a week and I think it's amazing what the city has done. We were strong before, and we're even tougher

now," said Lyons, who wore an American flag around his shoulders.

As the clock struck 2:50 p.m., a somber silence spread throughout the crowd, and in most places throughout the city and state.

For 10 minutes, wind gusts and the occasional honk of a horn were the only sounds to cross the intersection. At 3 p.m., church bells subtly rang through the city. The solemnity was broken by the wail of police sirens, which sparked excited cheers from the crowd.

Jamie Gosselin, a Boston

EMT, watched as the crowd began to disperse.

"I'm not surprised by the turnout. People keep saying they're surprised by how much the city has come together and how strong we are, but that's something I've always known about my city," said Gosselin.

Walid Sharara, a Boston Marathon runner, said he was fortunate enough to finish Monday's race two minutes before the twin blasts went off.



**MORGAN
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Fraudulent fundraising

IRS warns of charity schemes

Scam artists may be impersonating charities to steal money or get private information from well-intentioned taxpayers in the wake of the Boston Marathon bombings, according to the IRS, which is warning donors to be wary of schemes that may involve solicitations by phone, social media, email or face-to-face contact. Donors are urged to use checks or credit cards and avoid cash. **METRO**

Funding recovery. Site set up for wounded T cop

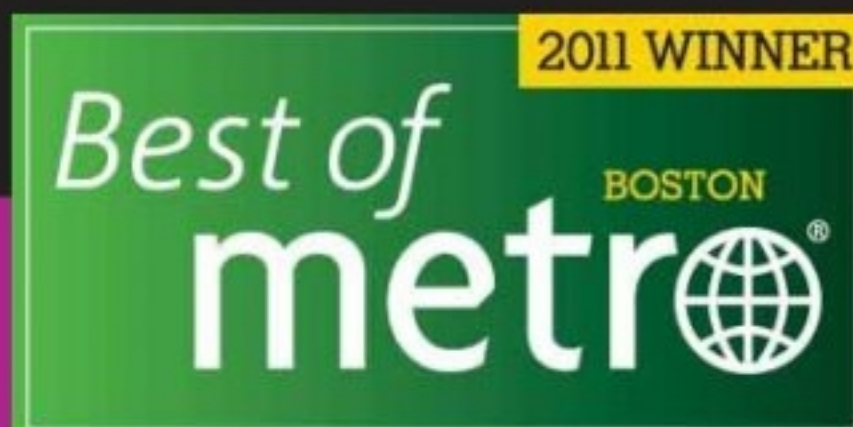
The MBTA Transit Police Benevolent Fund yesterday set up a website to benefit Transit Police Officer Richard Donohue, who was shot in the right leg early Friday during a shoot-out with Boston Marathon bombing suspects.

The site says Donohue is "showing some positive signs of recovery, but it will be a long and difficult road for him and his family."

Donations can be made at www.officerricharddonohue.com. **METRO/MR**



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Boston University holds service for marathon victim

Bombing victim. A campus memorial service remembered grad student Lingzi Lu, one of three killed.

Hundreds of friends, family and even people who never met Lingzi Lu attended a memorial service remembering the 23-year-old Boston University graduate student who died in last week's marathon bombings.

"She was a lovely girl with a smile that could look both bemused and serious at the same time," said professor Eric Kolaczyk, Lu's adviser. "Absolutely charming."

The Monday evening service at Boston University was attended by Lu's parents as well as Gov. Deval Patrick. It included a photo montage of Lu as well as members of the BU community singing and playing piano, a talent Lu also had.

Lu was a gifted and enthusiastic student from China who was studying statistics, according to BU Today. The school has established a scholarship in her name that



Lu

Quoted

"She was a lovely girl with a smile that could look both bemused and serious at the same time. Absolutely charming."

Professor Eric Kolaczyk,
Lu's adviser

has so far raised more than \$716,000.

Kolaczyk said that Lu was an exceptionally talented student and just two days before she died she had taken a qualifying examination.

"She passed with flying colors," he said, adding that she didn't live long enough to find out.

A classmate remembered Lu for her dedication to piano and her love of food. She was already looking forward to and was planning an outing for this summer's Restaurant Week.

"I will never forget how she loved playing piano. She attended a piano class every week," her friend said. "I will never forget her passion for cooking and eating all desserts, especially ice cream."

Boston University President Robert Brown said that a memorial service could not bring closure to her parents, but hoped the outpouring showed how Lu was a cherished member of the BU community.

"She was full of life and full of promise," he said.



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Bombing victim laid to rest in Medford

Krystle Campbell, a 29-year-old woman who was killed last week during the terrorist bombings at the Boston Marathon, was laid to rest in Medford yesterday. Campbell was one of three victims to lose their lives during the attack near the finish line. The hour-long service was attended by Massachusetts Gov. Deval Patrick and Cardinal Sean O'Malley, as well as hundreds of others who turned out to pay their respects. / NICOLAUS CZARNECKI, METRO

Online fundraiser

Funds pour in to replace Watertown boat from standoff

Donations are pouring in for the Watertown man whose boat was the final hiding place for alleged marathon

bomber Dzhokhar Tsarnaev.

A Crowdfunder page named "Let's Fix David Henneberry's Boat (That Got Ruined in the Boston Bomber's Standoff)!" has raised about \$7,000 of a \$50,000 goal.

Police have said that Henneberry went outside Friday

after authorities lifted the shelter-in-place order following the daylong manhunt. He noticed blood near the boat stored in his yard and when he looked inside to check, he saw what he thought was a body and called the police.

MICHAEL NAUGHTON

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Canada thwarts plot to blow up international rail line

Investigation.

Police said various Canadian security forces had conducted joint operations in the two cities.

Canadian police said yesterday they had arrested and charged two men with an "al Qaeda-supported" plot to derail a passenger train.

The Royal Canadian Mounted Police said it had arrested Chiheb Esseghaier, 30, of Montreal, and Raed Jaser, 35, of Toronto in connection with the plot, which authori-

ties said was not linked to the Boston Marathon bombings but likely had connections to al-Qaeda.

Neither is a Canadian citizen.

"The RCMP is alleging that Chiheb Esseghaier and Raed Jaser were conspiring to carry out an al Qaeda-supported attack against a VIA passenger train," Malizia said.

VIA is Canada's equivalent of Amtrak, operating passenger rail services in Canada.

U.S. officials said the attack would have targeted a rail line between New York and Toronto, but Canadian police did not confirm that.

REUTERS

Quoted

"Had this plot been carried out, it would have resulted in innocent people being killed or seriously injured."

Royal Canadian Mounted Police official James Malizia told reporters in Toronto



The individuals had the capacity and intent to carry out these criminal acts, but there was no imminent threat to the general public, officials said. / FLICKR

Relationship repairs. US, Afghanistan and Pakistan to meet for talks in Brussels

Afghan President Hamid Karzai will travel to Brussels today to meet U.S. Secretary of State John Kerry and senior Pakistani officials to discuss the flagging Afghan peace process, an Afghan presidential spokesman said yesterday.

The meeting had been arranged by Kerry in order to repair relations between Pakistan and Afghanistan following weeks of tension relating to border disputes and the peace process, Karzai's chief spokesman, Aimal Faizi, said in Kabul. REUTERS

Atomic weapons

Iran is biggest threat to nuclear pact's credibility

Iran's nuclear program poses the greatest threat to the credibility of the global pact aimed at halting the spread of atomic weapons, a senior U.S. arms control official said yesterday.

The Islamic Republic has a "long history" of deceiving the International Atomic Energy Agency (IAEA) and its nuclear enrichment program far exceeds that needed for civilian use, said Thomas Countryman, assistant secretary for International Security and Nonproliferation.

REUTERS



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CULTURE



Twitter feed

We're checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Today, Olivia Wilde is only a little mad at Twitter. Dana Delany doesn't feel like getting up. Sarah Silverman is an unhappy constituent and Jason Mraz is bad with details.

@oliviawilde: The only thing I resent twitter for is ruining the word "twitterpated" which "was" a solid go-to in my daily dialogue.

@DanaDelany: I think my fate is to write my life story in bed. Like Louise Brooks & Proust.

@SarahSilverman: Dear House of Representatives, Who exactly are you representing?

@jason_mraz: Just invited friends over for dinner but forgot to add, "Friday. Apologies to those who came over to a dark house."

1 Khloe Kardashian out on 'X-Factor'

Khloe Kardashian has been booted off Fox's "The X Factor," while her co-host Mario Lopez will remain for the third season.

"Khloe Kardashian will not be returning to co-host 'The X Factor,'" the show's producers said in a statement. "We really enjoyed working with her and wish her all the best in her future endeavors." (Translation: Don't let the door hit you on the way out, KK!)

Lopez will join returning judges Simon Cowell and Demi Lovato, with at least one more judge yet to be announced.

"I'm thrilled Mario is back for Season 3 of 'The X Factor,'" said Cowell in a statement. "Hosting a live show and keeping the judges



— especially Demi — in line, is not an easy job, but Mario is a pro and we are glad he's coming back."

Lopez, you sly, well-oiled, muscular fox. Who would have thought the dude who made sitting backwards in a chair popular would be the most successful graduate of "Saved By The Bell"?

Bynes' behavior explained

So what's the source of Amanda Bynes' latest spate of bizarre antics during her stay in New York City? "Amanda's increasingly disturbing behavior is related to the fact that she smokes pot," a source claims to Radar Online. "It makes her more paranoid and instead of mellowing her out,

it does the opposite. Amanda begins talking faster and just can't seem to sit still." Bynes was most recently photographed walking the NYC streets with a massive scarf obscuring her face and head. Pot? Is that what they're calling meth these days? I don't know. I'm old.



THE WORD

Dorothy Robinson's take on the world of gossip

DOROTHY ROBINSON

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Lachey to raise son in Ohio

No disrespect to L.A., but Nick Lachey doesn't think it's any place to raise a child — at least not his 7-month-old son, Camden. Which is why he and wife Vanessa Minnillo are packing up and heading to Ohio, he tells Access

Hollywood. "I loved growing up in Cincinnati, where I'm from. My brother's there, his kids are there, my parents are there," Lachey says. "I want to try to give him the most normal childhood he can have."

Reese speaks out on arrest



With the mug shot from her arrest in Atlanta for disorderly conduct making the rounds, Reese Witherspoon is speaking out about the headline-making incident. "Out of respect for the ongoing legal situation, I cannot comment on everything that is being reported right now," Witherspoon says in a statement. "But I do want to say I clearly had one drink too many and I am deeply embarrassed about the things I said. It was definitely a scary situation and I was frightened for my husband, but that is no excuse. I was disrespectful to the officer who was just doing his job. I have nothing but respect for the police and I'm very sorry for my behavior." Witherspoon reportedly got into an argument with an officer (she famously played the "Don't you know who I am?" card) after husband Jim Toth was pulled over on suspicion of driving while intoxicated. Both were arrested and briefly jailed.

More details on Ozzy

Ozzy Osbourne may have come clean about his recent battles with drugs and alcohol, but that doesn't mean the public gesture was enough to patch things up with wife Sharon Osbourne, according to the Daily Star. "She just wants out at this point," a source says. "Ozzy seems to think he can win her back, but Sharon isn't so sure as she's been living in a private hell." Exactly what kind of a private hell are we talking about here? "He kept accusing Sharon of trying to kill him. It was heartbreaking for her," the source says. "He was living in an imaginary world for most of the time and seeing

a lot of things that weren't even there. He was running around in the same clothes all the time, not washing."

Come on. None of this can be new for Sharon, right? She must be used to this by this point.



CHRISTA PARRAVANI

In her attempts to understand her twin sister's downward spiral, the author follows in her footsteps, losing her marriage and nearly her life.

WITH OR WITHOUT HER

In the gripping memoir "Her," Christa Parravani describes what it was like to grow up alongside — then lose to a drug overdose — her identical twin. And she begins with a startling statistic: After a twin dies, the surviving twin's life is immediately at risk.

In her attempts to understand her sister's downward spiral (which starts by eating one of her pills, found wedged in a crack on the kitchen floor) she follows in her footsteps, losing her marriage and nearly her life. She told Metro about using the book as a way



to crawl out of that space — to pen the memoir, she incorporated some of her sister's writings, found under her bed in a Tupperware container.

How did you decide when to use Cara's writings?

When something would get really difficult for me — it felt too emotional or I'd gotten to a place where I felt like I couldn't go on because I was exhausted, I was sad or I just kind of plain missed her — I thought, here's the moment to allow Cara into the book. In the beginning of writing,



NINA SUBIN

she was appearing a lot. As time went on and I got more confident in my abilities as a writer and I got further from the grief, I found I needed to rely on her less and less.

Did you make a decision to

be so unflinchingly honest? It seems like you held nothing back.

I wrote the book as if no one would ever read it. It was sort of a love letter to my sister. It was a way to tell her that I loved her and not to be forgot-

ten. In order to write a book that tells truths that are necessary, you have to forget about embarrassing yourself.



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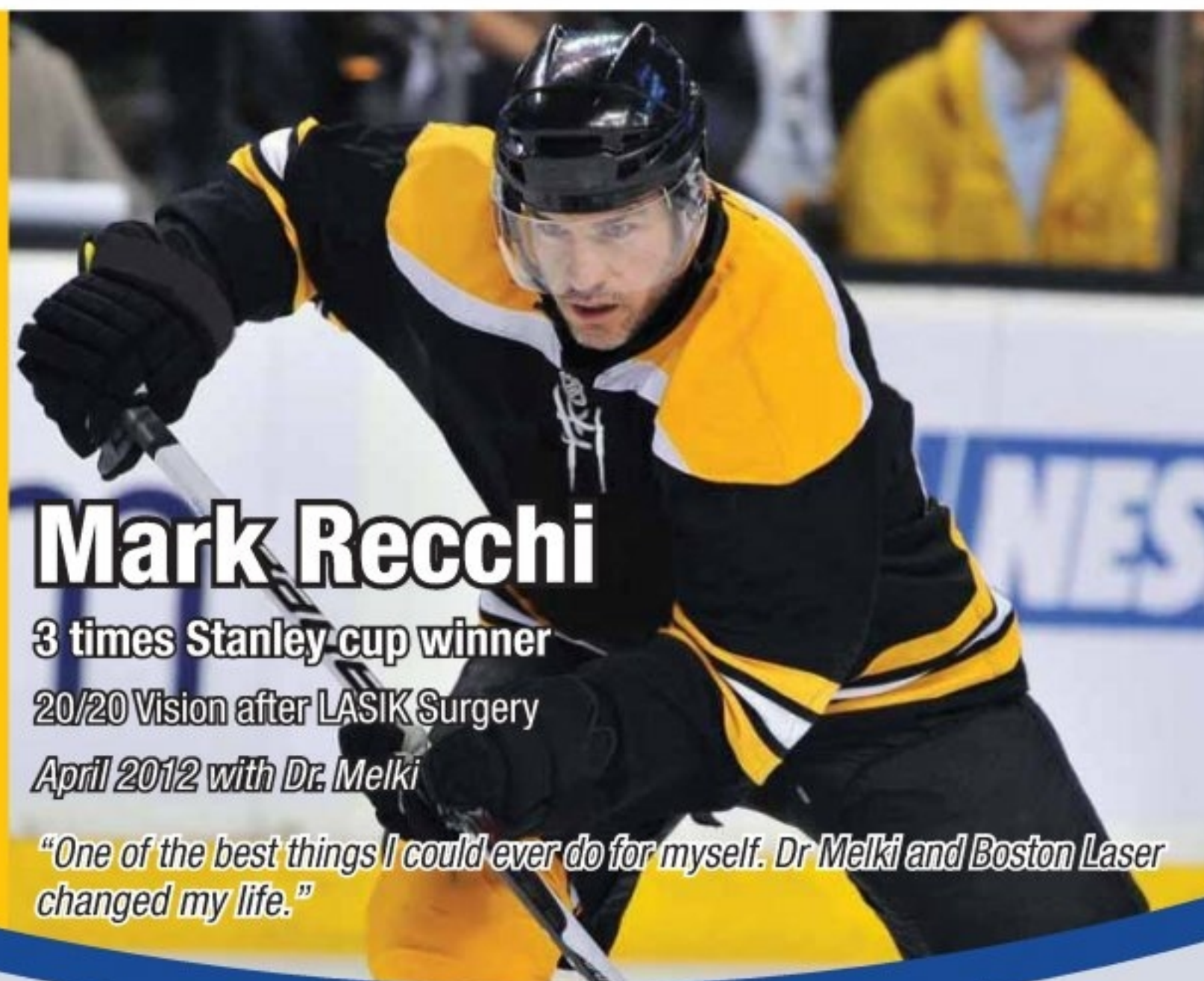
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Tuesday, April 23, 2013

STYLE

10

Wear your heart on your T-shirt sleeve

Style and substance.

"Boston Love" T-shirts are a fashionable way to show you care.

After the attack on the Boston Marathon last Monday, people across the nation were left with questions. How can we help? How can we begin to ease the pain caused by an event that we still do not — and may never — understand?

This drive to help mobilized businesses and individuals alike to set up foundations and donate what they could. One such business is Ctrl Alt Design, a Boston-based creative agency that specializes in graphic design. Robert McElaney — Ctrl Alt Design's creative director — designed an image that became the logo for their line of "Boston Love" T-shirts, sold on Ctrl Alt Design for a limited time only.

The screen-printed tees feature a simple yet evocative image of a large red heart, the top arcs of which form Boston's skyline. All proceeds of the shirts' sales go directly to One Fund Boston, a nonprofit organization set up by Massachusetts Governor Deval Patrick and Boston Mayor Thomas Menino to benefit those most affected by the attack.



Get yours

"Boston Love" tees can be purchased at CtrlAltDesign.com or Teespring.com/bostonloveblue for \$18. All proceeds benefit www.onefundboston.org.

"Boston Love" tees come in light blue, navy or black. / PROVIDED

"When the tragedy struck, witnessing all the pain and confusion, I felt compelled to create something to convey not only strength, but also compassion, something to bring people together," said McElaney.

As of 5 p.m. on Sunday, they'd sold 267 shirts, raising roughly \$2,400. It's an impressive figure, one that speaks to the power of community in Boston, considering they'd begun selling the shirts on their site just two days earlier. The

response has been so positive that they've extended the campaign through May 1. "We had a lot of people asking to make sure they had the option through the week, until they get paid," McElaney said. "Which somewhat blows my mind. [Living] paycheck to paycheck and still wanting to give? ... Boston is awesome."

This positive response reflects the anthem the city has adopted: Boston Strong. "I moved to Boston roughly

15 years ago. I've been lucky enough to meet a wide range of friends and acquaintances," said McElaney. "Over time, some have moved out of state, some out of the country. When a tragedy like this strikes, they all have responded with care, strength and support. That's what Boston Strong means to me."

ALEXANDRA
CAVALLO
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Palm Springs, Calif.

In Palm Springs, where summer temperatures can soar well into the triple digits, the spring season is an excellent time to visit. Spring temps rest comfortably in the mid to high 80s, drawing tons of Los Angeles residents seeking the respite of a desert oasis surrounded by the snow-capped San Jacinto Mountains. World-class golf, tennis, hiking, cool restaurants and plush hotel spas are just a few of the reasons why the Hollywood elite have flocked to Palm Springs since the 1920s.

Five perfect spring spots

Spring is the perfect season for a road trip. Who wouldn't want to embrace the outdoors as vibrant colored flowers begin to bloom and temperatures start to rise? From the mountains to the desert, we've picked four destinations that are sure to spark a spring awakening.



Asheville, N.C.

Hidden between the Blue Ridge and Smoky Mountains lies the fabulously unique town of Asheville. The perfect mix of mountain town and southern charm, Asheville is home to more than 30 art galler-

ies and a thriving culinary scene. Downtown Asheville is surrounded by the beauty of the awe-inspiring Appalachian Mountains, which makes it the perfect destination for both outdoor enthusiasts and culture-seekers.



Hill Country, Texas

Starting just north of Austin, Texas, Hill Country continues south to San Antonio, stretches west for about 200 miles and features a landscape of lush rolling hills, lakes and spring-fed rivers. Not only does a journey through Hill Country at springtime pass gardens of blooming bluebonnets, but also the area's 30-plus wineries.



Lake Geneva, Wis.

Chicagoans and Milwaukeeans embark on the less than two-hour drive to picturesque Lake Geneva, Wis., when they need to escape. When April comes around and the frost melts, the area is known for its variety of hiking and biking trails, horseback riding, outstanding golf and freshwater fishing.

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Riverboat cruising refines big-ship perks

Destinations. Here's how you can travel to multiple destinations — without having to lug your suitcase.

Ocean cruising has its perks. Tropical destinations, all-you-can-eat buffets, water slides, bowling, free booze: It's a \$30 billion-dollar business meant to cater to every whim. But sometimes the excessiveness of ocean cruising can overwhelm. What if you want to experience the joys of traveling by sea without thousands of people crammed alongside you — without paying extra for excursions or having to adhere to a rigid schedule while visiting increasingly homogenized ports of call?

Riverboat cruising plucks the aspects that make ocean cruising so attractive — the ability to hit multiple destinations without unpacking; the collegial atmosphere on board;

a cosmopolitan experience — while being more refined and smaller than their big-white-boat counterparts. As the name implies, riverboat cruising uses smaller vessels that stick mainly to rivers, mostly in Europe but also in Asia and the South Pacific, the Mediterranean and Northern Africa, and even Antarctica.

"Most of our guests are seasoned world travelers for whom the destination is still the main attraction. For them, it's not about all-night buffets or skating rinks or other novelties you find aboard big cruise ships — it's about the discovery," says Kevin Wallace, COO of Vantage Deluxe World Travel, a premiere riverboat cruising company based in Boston. "You unpack once, then sail right into the heart of ports great and small, where sightseeing and intercultural activities are always included."

With riverboat cruising, you sacrifice water slides for accessibility and a more unique experience. Smaller boats mean you can slip into smaller ports



Bigger staterooms are one of the hallmarks of the new River Splendor. / VANTAGE

Quoted

"Most of our guests are seasoned world travelers for whom the destination is still the main attraction."

Kevin Wallace, COO of Vantage Deluxe World Travel

of call. But riverboat companies aren't naive. They include the perks Americans know and love: full-service cocktail lounges with live entertainment, Internet cafes, excursions and, yes, even all-you-can-eat buffets. Wallace is celebrating the

launch of the latest addition to their fleet, the River Splendor. The new vessel, part of a \$120 million investment by Vantage, has a busy year ahead: After its March christening in Antwerp, Belgium, it will spend this year cruising the Rhine, Main and Danube rivers between Amsterdam and the Black Sea on Vantage's most popular package, the Majestic Rivers of Europe: Castles, Cathedrals and Fairytales. It will also be part of Vantage's Gateway to the Black Sea itinerary that takes travelers from Budapest along the Danube to the Black Sea resort of Constanta, Romania.

With these trips, instead of onboard bowling you'll have to enjoy a home-hosted lunch with a family in Croatia. In lieu of a Broadway musical at night, you'll have to settle for an exclusive classical concert at the Kursalon in Vienna.

Sounds like a pretty good trade-off, no?



DOROTHY ROBINSON

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	Fr. Ocean View Balcony	Fr. Ocean View Balcony	Fr. Ocean View Balcony	Fr. Ocean View Balcony
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Children don't have enough life experience to put tragedies in context. / THINKSTOCK IMAGES

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Parental guidance.
How parents should
handle psychological
injuries following
terrifying ordeals.

One week after the Boston Marathon bombings, the healing is only just beginning for many families dealing with the less tangible injuries of psychological trauma. Metro asked Dr. Kate Roberts, a Massachusetts-based child psychologist and parenting coach at Kate Roberts & Associates, how parents should handle psychological injuries following such terrify-

ing ordeals.

"Children directly affected will have symptoms of acute trauma reaction — things like not being able to stop thinking about the event," she says. "Their mind jumps back on images even if they're playing or busy doing something. They experience troubling, intrusive thoughts. Noises and the unexpected can be especially startling."

Parents might share similar symptoms, which can also include sadness and mood changes. But for children, traumatic events are a very new experience: "There's a depersonalization," says Dr. Roberts. "Their world is shaken and they don't have enough life experience to

put it into context."

The endless media loop covering events like Boston and Sandy Hook can be harrowing, particularly to young minds. To support a child's healing process, Dr. Roberts advises parents to start a dialogue and be patient.

"Ask them how they feel, but don't push it if they are reluctant to talk," she says. "If your child is exhibiting signs of fear — perhaps they're reluctant to go to the playground — don't force them. Reintroduce children to normal activities incrementally and only fully engage when they are ready."

Parents are often eager to see improvement in their child's behavior and emphasize positive signals, while ignoring negative ones. "In due time more normal activity will ensue," Dr. Roberts says, "but initially there's not a lot of space where they feel comfortable, because they are not comfortable in their own minds."

LINDA
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Quoted

"If your child is exhibiting signs of fear — perhaps they're reluctant to go to the playground — don't force them. Reintroduce children to normal activities incrementally and only fully engage when they are ready."

Dr. Roberts

Advice

Family counseling
can help

Dr. Roberts says parents shouldn't err on the side of

caution.

"Engage the child in counseling — the earlier, the better. Family counseling is important so

that parents can be there and understand the healthy coping mechanism the child adopts and then reinforce it."



Pregnant women over the age of 35 are more informed — and they're more aware of potential risk. / THINKSTOCK

What to expect when you're expecting after the age of 35

Pregnancy. Dr. Glade Curtis is a national authority on pregnancy. Now he turns his knowledge to the mid-30s set.

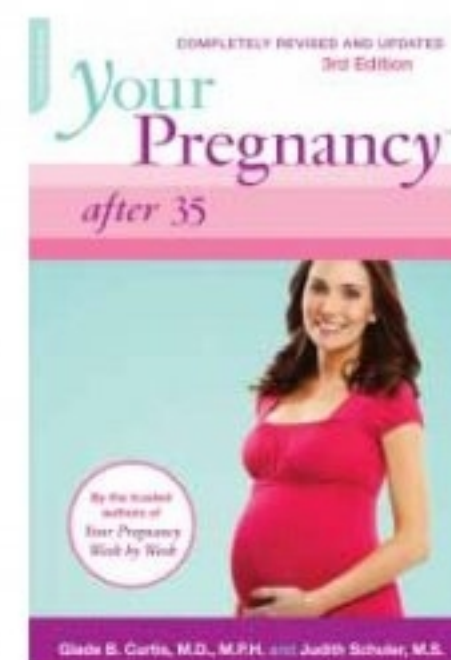
As author of 18 books on women's and baby's health, Dr. Glade Curtis is a national authority on pregnancy. A newly revised edition of "Your Pregnancy: After 35" is the latest addition to the authoritative "Your Pregnancy: Week by Week" series, co-authored by Consumer and Family Studies expert Judith Schuler. The updates are geared toward an ever-increasing proportion of women who choose to have children in their mid-30s and beyond.

What did you consider when updating this book?

I think it's critical, when people want information about their health and pregnancy, that the information is up-to-date. I looked at every part of it to add new information, including how the science has changed. I think one of the more exciting areas for this population of pregnant women is all of the things we're learning about genetics and genetic counseling.

What are the best parts about pregnancy at this age?

They're more informed, and they're more aware of potential risks and problems. They have taken good care of themselves — if you compare that to an 18-year-old who wasn't trying to get pregnant, then it becomes clear that we don't need to be scared to death of these pregnancies.



What do women find most useful about this book?

The most important thing is being armed with accurate information so that when they visit their doctors they can ask the appropriate questions. The other thing is reassurance. For any woman and

any couple, being pregnant is scary — the book reassures women that these are normal things that are happening.

What are some of the field's most important new medical advances?

One of the most exciting advances is all that has happened in ultrasound technology. Ultrasound has gotten so good, and there are so many things we can do to evaluate the baby and help with the pregnancy.

What should expectant couples keep in mind during a pregnancy?

I think it's always important to remember to enjoy the miracle of birth. Enjoy the excitement, the fun and the miracle of having a baby.



NATALIE SHURE
letters@metro.us



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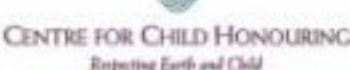
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Horoscope

♉ Taurus | April 21 - May 21.

People whose work you oversee will likely require some skillful management. Their production could suffer if they are not given proper guidance.

♊ Gemini | May 22 - June 20.

Taking a risk on an unpredictable situation could be an exercise in futility. This might be one of those days when even sure things are difficult to achieve.

♋ Cancer | June 21 - July 22.

Rather than respond in kind, make an effort to be affectionate with your special someone if, for no reason, he or she is a bit on the cranky side. You can brighten things up, if you try.

♌ Leo | July 23 - Aug. 22.

If you hope to really get things done, you'll have to be industrious. If you neglect your responsibilities, matters will only get worse.

♍ Virgo | Aug. 23 - Sept. 22.

If your credit cards are too accessible, there is a strong possibility that you will waste your money on extravagances. Better lock up your wallet.

♎ Libra | Sept. 23 - Oct. 22.

Should you have to deal with a surly, impossible to please individual, don't blame yourself. You didn't fail, he or she did.

♏ Scorpio | Oct. 23 - Nov. 21.

If you feel impelled to do something for another, do it out of the goodness of your heart and not because you're angling for a reward.

♐ Sagittarius | Nov. 22 - Dec. 21.

Watch out, because there's a strong possibility you might spend funds that will be needed in the future. Opting for instant gratification could be your downfall.

♑ Capricorn | Dec. 22 - Jan. 20.

Be mindful of whom you talk to when socializing. Don't squander all your attention on a hot shot who doesn't give a hoot about you or anyone else.

♒ Aquarius | Jan. 21 - Feb. 18.

Don't get into a situation similar to one that has caused you all kinds of problems in the past. Remember the hard lessons you've learned.

♓ Pisces | Feb. 19 - March 20.

Just because you know the other party well is no reason to ignore the details in a joint agreement. Leave no reason for problems to develop down the line.

♈ Aries | March 21 - April 20.

Your associates will not be manipulated if they don't like the way you want to handle a project. Listen to and implement their ideas.

BERNICE BEDE OSOL

Letters

Searching to feel safe

Re: "Don't let evil take what good patriots won dearly" (Metro, April 18)

I'm not sure what people are thinking of when they recommend bag searches to avert terrorism. It seems that the only way some of us would ever really feel secure is if we subjected every citizen, every time one of us leaves our home, to the same kind of search we have at airports. It's an impossible solution, and a crazy way for a free people to

live. RICHARD FEINBERG, VIA E-MAIL

Let the future be a surprise

Re: "Welcome to the future" (Metro, Earth Day edition, April 22) Although it's fun to try to predict the future, no one can. When I was a child in the 1950s, the future for me was jet packs, flying cars and, as in every future prediction, robot servants. Well, we all know how that turned out. Thirty years ago we didn't have cell phones or

the Internet, but no one was predicting them back then, either. Why try to predict it? Just take it as it comes along.

RALPH BRESCIA, VIA E-MAIL

Some expert!

Re: "Don't frack New York" (Metro, April 19-21) Mark

Ruffalo, actor and activist, who was born in Wisconsin and lives Los Angeles, has undertaken to save New York from the horrors of hydrologic fracturing. He recites a litany of ecological disasters which

it supposedly causes without citing any evidence. He then invokes some so-called experts to advocate large-scale development of alternative energy sources without explaining how they would work. The trouble is, they won't work. His so called experts may have mastered the intricacies of political correctness, but they do not understand Ohm's Law.

SEAN O'ROURKE, VIA E-MAIL

letters@metro.us

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

Sudoku: Easy and hard

	1		8			7	4	9
3						2		
4	8		9					5
		8				1	7	
5				6				8
	4	3				9		
9					5		1	7
		2						4
1	7	4			9		3	

		6	3				2	
		4	2			8		6
9				5				
7				3	5			8
8		5				6		2
6			8	1				7
				8				5
2		1			3	7		
	5				9	3		

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Crossword

Across

- 1 Do a double-take
- 6 Gusto
- 10 Big laugh (hyph.)
- 14 Intense feeling
- 15 LAX guesses
- 16 New singles
- 17 Bed part
- 18 Mountain perils
- 20 Synthetic fabrics
- 22 Dexterous
- 23 Cash-back offers
- 26 Versatile vehicle
- 27 Oozes
- 28 Specialist's patient, usually
- 33 Removed the rind
- 34 Large kangaroos
- 35 Grounded bird
- 36 Breezes through
- 37 Sketches
- 38 Turbulent currents
- 39 RR terminal
- 40 Kayak
- 41 Doctrine

- 42 More irritable
- 44 Stick
- 45 Belly dance instrument
- 46 Lead-footed driver
- 47 Sleep disturber
- 50 Large lizard
- 52 Change one's mind (hyph.)
- 54 Burnoose wearers
- 58 Huron neighbor
- 59 Obscure
- 60 Dot in a river
- 61 Cheryl or Alan
- 62 Counting-rhyme start
- 63 Southpaw

Down

- 1 U.K. fliers
- 2 Blow it
- 3 Tooth-fillers' org.
- 4 Good friends
- 5 Bore the expense
- 6 Goose eggs
- 7 Famed prep school
- 8 Pouches
- 9 Impatient sound
- 10 Page-top info
- 11 Wheel rod
- 12 Pitch in
- 13 Type of mgr.
- 19 Destines
- 21 Sportscaster's shout
- 23 Meal
- 24 Hobby knife (var.)
- 25 Chest of drawers
- 26 Pilots' sightings
- 28 Unfounded report
- 29 Ocean flier
- 30 Curbed
- 31 Fuse unit
- 32 Pearl's sheen
- 34 "— kleine Nachtmusik"
- 37 — the groundwork
- 38 Practice
- 40 Gullible person
- 41 Clipper's target
- 43 Like an unopened Zinfandel
- 44 IRS form expert

- 46 Tarnish
- 47 Explorer — Tasman
- 48 Superman's mother
- 49 Battery chemical
- 50 — fixe

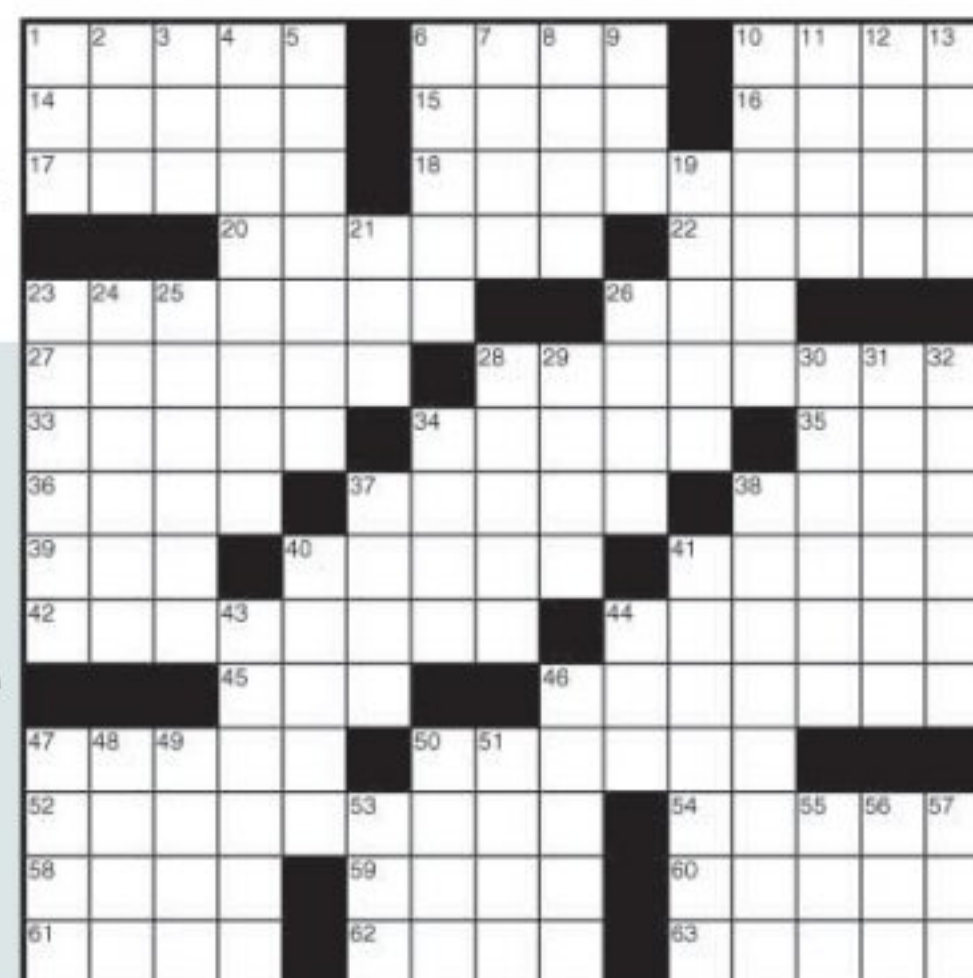
- 51 Dow uptick
- 53 Curie daughter
- 55 Visitor from Melmac
- 56 Gamble
- 57 Pig's digs

Yesterday's answer

M	A	S	K	S	G	U	R	E	G	S			
A	D	I	E	U	E	R	O	S	M	E	A	N	
M	O	L	Y	B	D	E	N	U	M	I	O	T	A
A	S	K	M	A	N	S	E	O	L	D	E	R	
		L	I	M	A	C	H	E	E	S	E		
P	L	A	I	T	S	S	L	A	M				
C	O	N	K	S	C	O	O	N	S	K	I	N	
T	O	T	E	B	U	L	B	S	A	L	A	I	
K	A	N	G	A	R	O	O	P	U	L	P	S	
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E	R	G	O	C	O	A	L	A	R	D			
S	T	O	W	A	W	R	Y	N	A	S	T		



You can use your smartphone to discover today's crossword answers — right now! Download and open the Blipper app on your smartphone and hold the screen over the puzzle. It's that easy!



Red Sox lineup top-heavy, bottom of order struggles

MLB. Boston's top four hitters are more than carrying their weight, but the bottom of the order is struggling.

Going into the season, one of the biggest question marks was how the middle to back end of the Red Sox lineup would fare. Everyone knew what the top of the order was capable of, but after the clean-up spot, there was plenty of uncertainty.

Through 18 games, it seems clear the Red Sox lineup is extremely top-heavy, with little to no contribution coming from the No. 5 batter on down. In the 10 games prior to last night's affair with Oakland, Boston's No. 6 through 9 hitters were hitting just .137 (19-for-139) and the 5 through 9 hitters weren't much better at .152 (26-for-171).

By contrast, the top four hitters are doing more than their fair share, as in the same span they were hitting .344 (56-for-163). Leading the way at the top of the order has been Mike Napoli, especially in the clean-up spot, while filling in for David Ortiz. He had reached safely in 13 straight games as of Sunday, hitting .327 with eight doubles, a triple, two home runs and 17 RBIs.

Also doing their part at the top of the order are Jacoby

Ellsbury in the leadoff spot and Dustin Pedroia hitting third. Ellsbury had hit safely in 11 straight games through Sunday, hitting .306 in that stretch, while Pedroia had reached base in all 18 games this season, hitting .313.

Looking at the bottom portion of the lineup, no one is struggling more right now more than Will Middlebrooks. Since his three-

home-run game in Toronto the first weekend of the season, the third baseman is batting 0.93 (4-for-43) with 16 strikeouts.

Farrell said he would continue to stick with Middlebrooks, and stated there is no concern with the third baseman's wrist. Other players in the midst of slumps at the bottom of the order include Stephen Drew and Jarrod Saltalamachia. Since coming back from his concussion April 10, Drew was hitting .100 (3-for-30) with 12 strikeouts, while in Saltalamachia's last eight games as of Sunday he was batting .125 (3-for-24) while striking out nine times.

RYAN HANNABLE
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Off balance

.137

The bottom of the Red Sox batting order, hitters 6 through 9, were hitting just .137 (19-for-139) in the 10 games prior to last night's game against the Athletics. By comparison, the top four hitters are batting .344 in that span.



Jacoby Ellsbury has gotten the job done at the top of the order. / GETTY IMAGES

3

SPORTS

Finally, some stability

ACC locks in schools

The Atlantic Coast Conference announced yesterday that its 15 member schools, including Boston College, will sign a "Grant of Rights" that would almost certainly ensure that other conferences do not take its teams. It would protect the ACC through 2026-27.

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SPORTS

18

C's could opt to allow Anthony to 'get his'



New York's Carmelo Anthony had 36 points on 13-of-29 shooting against the Celtics in Game 1. / GETTY IMAGES

NBA. The theory has mixed results, but the Celtics will try just about anything to grab a Game 2 win.

Sometimes you just gotta let the superstars get their shots. Or so the theory goes.

In Game 7 of the 2010 NBA Finals, the Celtics let LA's Kobe Bryant shoot the ball 24 times. In one of the grimmest, hardest-hitting basketball games in Finals history, Bryant nearly shot the Lakers out of a title, hitting just six field goals and missing all six of his 3-point attempts. Had it not been for Ron Artest's late 3, history may have looked differently at Bryant and the whole strategy of "let him get his."

There was also the 2008 Celtics-Cavaliers semifinals series in which LeBron James shot the ball 29 times in Game 7, hitting 14 shots from the floor and finishing with 45 points. But the Celtics prevailed, 97-92.

Going deeper into Celtics history, Boston allowed Chicago's Michael Jordan to shoot the ball 41 times in Game 2 of a 1986 quarterfinal series. Jordan hit on 22 of those shots and finished with a whopping 63 points ... but the Bulls lost, 135-131.

In the Celtics' lone win over New York this season back on Jan. 7 at Madison Square Garden, Carmelo Anthony took 26 shots, hitting just six. He totaled 20 points in the 102-96 loss.



MATT BURKE
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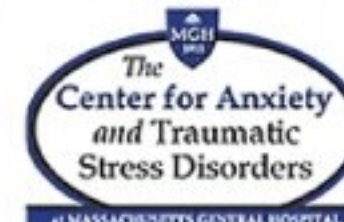
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